



PARTNERED WITH

REAL COLORADO EDGE SOCCER

AVAILABLE TO ALL  
STAFF, ATHLETES, AND FAMILY

### CHOOSE ONE:

FREE PERSONAL  
TRAINING SESSION,  
GROUP FITNESS  
CLASS, OR  
PHYSICAL THERAPY  
DISCOVERY SESSION

ALSO RECEIVE  
SPECIAL PRICING  
ON ALL PERSONAL  
TRAINING, GROUP  
FITNESS CLASSES,  
AND MASSAGE  
THERAPY

### PERSONAL TRAINING OPTIONS:



- One-on-One Personal Training
- Partner Personal Training
- Semi-Private Personal Training
- Group Fitness Classes

Call Now 303-940-2060 • [coreprogression.com](http://coreprogression.com)



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REAL COLORADO EDGE SOCCER



4-WEEK  
OFF-SEASON  
CONDITIONING  
**CAMP**

INCREASE  
STRENGTH

IMPROVE  
MOVEMENT  
PATTERNS

PROMOTE  
RECOVERY

NOVEMBER 27TH - DECEMBER 21ST

\$160 BEFORE 10/20

\$200 AFTER 10/20

14 & OLDER

7:00 - 8:30PM

MON & WED

OPEN TO BOTH

BOYS & GIRLS

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